Program Data Sheet

Name of Program:				
Group Exercise Classes				
Date: May 2004	Day of Week: M-F	Time:		
Location: Fitness Center	Information Phone #: 3090	Price: No cost		
Program Coordinators: Jeanette Coffman				
Phone #: 4771	Fax #:	e-mail Address:		
Purpose of the Program:				
Provide a variety of group training classes throughout operational hours to enhance customers exercise options.				

Actions:			
Class attendance was recorded at each session:			
Customer opinions were gathered.			
Results:			
Indicated on Mo	nthly After Action Report		
Elements to Chan	ge:		
Elements to Add:			

After Action Report

Financial Analysis				
Sales:		NA		
COGS:				
Other Revenues:				
Labor:				
Other Expenses:				
NIBD:				

Program Analysis			
Attendance: Averages	May. 2004		
Yoga-10	CS – Attendance has become very sporadic; one day 14, one day 4. Averaging 7 participants.		
Pilates-8	EC- Classes are doing well. Averaging 12 participants		
Step-13	SA-Classes are going well. Attendance holding steady. A few members are requesting a toning session.		
Power flex 2-5	Averaging 15 participants.		
Kick Box-10	SS-Class attendance is steady. Averaging 11 participants.		
Cycle-12	PF- Attendance down at noon class		
Cardio-sculpt-8	FBC-Low but steady attendance		
Step sculpt- 9			
Elements to Change:			

Elements to Eliminate:

Elements to Add:

60 min. cycle class was well received and will be repeated.

Class attendance fluctuates from one class to another. Drop in class attendance during the summer months is to be expected..